

- **Mastering Aligner Science – Pin to Print**

Department of Orthodontics and Dentofacial Orthopaedics has conducted two-day CDE Programme and Workshop titled \*‘‘Mastering Aligner Science – Pin to Print’’ successfully on 19th and 20th May 2026 with enthusiastic participation from delegates and faculty members. The programme was graced by the presence of the Guest of Honour, Prof. Dr. M. S. Ravi, Vice Principal ABSMIDS, Mangalore and the Chief Guest, Prof. Dr. K. Reshma Pai, Dean of the institute. The distinguished guest speakers for the programme were Prof. Dr. Rohan Rai from AJIDS, Mangalore and Dr. Anupama V., from SDM Dental College, Dharwad while the hands-on workshop was mentored by Prof. Dr. Ajith Kumar Jaiswal HOD, Christian Dental College, Ludhiana, Punjab. MOSG Chief Convenor Dr. Chaitra Laxmi was also present for the occasion. The event commenced with a prayer song rendered by Dr. Anushree and Dr. Nidhishree, followed by the welcome address delivered by Prof. Dr. Praveen Shetty, Organizing Chairman of the programme. The programme was formally inaugurated by Prof. Dr. M. S. Ravi. The introductions of the guest speakers and workshop mentor were presented by Dr. Renilda, Dr. Apoorva, and Dr. Sushmita respectively, which was followed by the Chief Guest’s address. The 2 days sessions provided valuable insights into aligner science, digital workflow, and clinical applications, making the programme highly informative and enriching for all the participants. The programme concluded with the vote of thanks proposed by Dr. Chaitra Laxmi. The event was smoothly compered by Dr. Venisha and Dr. Mahen.







- **Awareness program tobacco consumption.**

Department of Paediatrics and Preventive Dentistry and Department of Public Health Dentistry, Srinivas institute of dental science Mukka on 03/06/2026 Awareness program was done on Tobacco consumption. The program aimed to create awareness among students and encourage them to adopt a healthy and tobacco-free lifestyle. The awareness session was organized for students studying in 8th and 10th standards. The program began with a short introductory lecture regarding the importance of observing No Tobacco Day and the need to prevent tobacco use among younger generations. During the session, information was provided regarding the harmful effects of tobacco on overall health. Students were educated about how tobacco consumption affects different vital organs of the body, including the lungs, heart, oral cavity, and respiratory system. The disadvantages of tobacco use and its long-term health consequences were explained in detail. Special emphasis was given to promoting healthy lifestyle choices and encouraging students to say “No” to tobacco. The benefits of leading a tobacco-free life, including better health, improved quality of life, and disease prevention, were discussed. Students were motivated to become “Tobacco-Free Heroes” and spread awareness among their families and communities. And all students actively participated in taking a tobacco-free pledge by raising their hands and promising to stay away from tobacco products and promote healthy lifestyle practices. Following the lecture, interns conducted a short skit focusing on the harmful consequences of tobacco use and the importance of avoiding tobacco products. The skit was interactive and helped students understand the message in an engaging manner. And also pamphlets were distributed to students. The program successfully created awareness among students and highlighted the importance of making informed decisions regarding health. Overall, the awareness activity was informative, interactive, and beneficial in promoting a tobacco-free society.





## - World Environment Day – 2026

As per the circular issued by Rajiv Gandhi University of Health Sciences (RGUHS), Karnataka, Srinivas Institute of Dental Sciences celebrated World Environment Day on 05 June 2026 under the theme “One Sapling for One Student.” The programme was organized to create awareness among students regarding environmental sustainability and to encourage active participation in environmental conservation through plantation activities and awareness initiatives.

The programme was conducted with the following objectives:

- \*To promote environmental awareness among students and staff.
- \*To encourage plantation and conservation of greenery.
- \*To spread awareness regarding environmental sustainability and eco-friendly practices.
- \*To motivate students to actively participate in protecting nature.

### Activities Conducted

#### A. Sapling Plantation Drive

A sapling plantation drive was conducted within the campus premises as part of the “One Sapling for One Student” initiative. Students enthusiastically participated in planting saplings under the guidance of faculty members and Heads of Departments. The activity aimed to enhance greenery and encourage students to take responsibility for environmental conservation.

#### B. Awareness Talk on Environmental Sustainability

An awareness talk was organized to educate students regarding environmental conservation and sustainable practices. The session focused on:

Importance of protecting the environment

Climate change and sustainability

Plantation and conservation of natural resources

Waste management and maintaining a clean environment

The awareness session motivated students to adopt environmentally responsible practices in their daily lives. The programme witnessed active participation from: Dean – Prof. Dr. K. Reshma Pai, Heads of Departments (HODs), Teaching Staff, Non-Teaching Staff, Students of Srinivas Institute of Dental Sciences. The active involvement of all participants contributed to the successful celebration of the program. The programme successfully enhanced awareness among students regarding environmental responsibility and sustainable living. The plantation activity encouraged environmental stewardship, while the awareness talk helped participants understand the importance of preserving nature and adopting eco-friendly practices. Srinivas Institute of Dental Sciences successfully celebrated World Environment Day 2026 in accordance with the guidelines issued by RGUHS, Karnataka. The event reinforced the importance of environmental conservation and encouraged students and staff to contribute actively towards building a greener and healthier future.





- **Congratulations**

Congratulations to our 1st BDS student Mr. Shivkumar and 2nd BDS student Ms. Shamreena, on securing 3rd place in the Intercollegiate Basic Science Quiz Competition – WISDOM SIX 2026, held at KMC Manipal on 6 June 2026.

Their outstanding performance reflects their dedication, knowledge, and academic excellence. We congratulate them on this commendable achievement and for bringing laurels to the institution. We wish them continued success in their future endeavours.



- **World No Tobacco Day Celebration – 2026**

The Department of Public Health Dentistry at Srinivas Institute of Dental Sciences, Mangalore, commemorated World No Tobacco Day, on 4th June 2026 with a series of educational and participatory activities aimed at promoting awareness. The program was presided over by Prof. (Dr.) K. Reshma Pai, Dean of the institution, whose presence added significance to the occasion and encouraged active participation among students and faculty.

The program was conducted specifically for the chairside assistants (CSA's) and house-keeping staff of the institution. The students and faculty also actively participated in the program. The program commenced with an oath-taking ceremony led by Prof. (Dr.) K. Reshma Pai, Dean, who administered the pledge in Kannada. The chairside assistants, housekeeping staff, students, and faculty members solemnly repeated the pledge, reaffirming their

commitment to abstain from tobacco and nicotine products, motivate others to do the same, and support individuals who are attempting to quit tobacco use.

The CSA's and housekeeping staff were also provided with Information, Education and Communication (IEC) materials highlighting various forms of tobacco and their ill effects. The materials also emphasized the marketing strategies and tactics employed by the tobacco industry to encourage tobacco use among the public.

An educational talk on the ill effects of tobacco and preventive measures was delivered by Dr. Shushma Rao. Considering the target audience, the session was conducted in Kannada to ensure better understanding and engagement. They were urged to stay away from any tobacco products, pass on the knowledge to the people around them and support people who are trying or willing to quit the habit. The talk was informative and well-received by the audience.

As part of the week-long observance, IEC pamphlets were distributed to the general public in and around the institution as well as to patients attending the outreach centres. The recipients were encouraged to spread awareness regarding the harmful effects of tobacco among their families and communities.

On 30th May 2026, an awareness session was conducted for the first-year undergraduate students by interns Pragathi and Prathiksha on the harmful effects of tobacco and the various methods to tackle them. Pamphlets prepared by the third-year students were distributed, highlighting the benefits of quitting tobacco, practical steps for cessation, and common withdrawal symptoms encountered during the quitting process. The students also took a pledge to remain tobacco-free and, as future healthcare professionals, to educate and motivate their peers, colleagues, and patients to avoid tobacco use.

In observance of World No Tobacco Day, the department also collaborated with the Department of Paediatric and Preventive Dentistry in conducting an awareness program on 3rd June 2026 at Vyasa Maharshi School. The program aimed to educate school children about the dangers of tobacco use and the importance of adopting healthy lifestyle practices from an early age.

Overall, the World No Tobacco Day celebrations successfully combined institutional participation with community-oriented outreach activities. The various programs reflected the department's commitment to promoting tobacco cessation, raising public awareness, and contributing towards a tobacco-free society.





- **Congratulations**

Dr. Mithuna T (Intern) was honoured by the Pierre Fauchard Academy, Section At Large, with the Student of the Year Award (UG) 2026 and a Student Certificate of Merit for Outstanding Academic Achievement during the PFA Convocation & Awards Ceremony held on 6 June 2026 at Manav Rachna Dental College, Haryana, India. These awards were conferred in recognition of outstanding academic excellence, highest attendance, active co-curricular participation, research contributions, professional representation, and dedication to excellence in the profession of dentistry.



- **Dentapreneur workshop**



**SRINIVAS INSTITUTE OF DENTAL SCIENCES  
MUKKA, MANGALORE**

**DENTAPRENEUR WORKSHOP - A JOURNEY INTO DENTAL  
ENTREPRENEURSHIP**

An exciting, innovative, and fun-filled Dentapreneur Workshop was conducted on 2nd June 2026 at the SIDS Auditorium for undergraduate students and interns.

The workshop was organized by MediStudyGo in partnership with Unicorn Dentmart and was facilitated by Dr. Palak Bhandari and her team. Through interactive activities and discussions, participants gained valuable insights into career development, professional growth, and dental entrepreneurship.

The session inspired students to explore opportunities beyond conventional clinical practice and fostered an entrepreneurial mindset within the dental profession.




- **An oral screening awareness camp**

An oral screening awareness camp was conducted at Fisheries college, Souterpete, organized by: Namma clinic, on 15/06/26.



- **Continuing Dental Education (CDE) programme titled “Comprehensive CBCT Workshop: Cross-Sectional Anatomy to Case Discussions”**

Department of Oral Medicine and Radiology, Srinivas Institute of Dental Sciences, Mukka, Mangalore, organized a Continuing Dental Education (CDE) programme titled “Comprehensive CBCT Workshop: Cross-Sectional Anatomy to Case Discussions” on 10th June 2026 at the SIDS Auditorium. The programme was conducted by Dr. Vidushi Garg, Application Specialist, W & H Private Limited. The programme commenced with the invocation rendered by Dr. Ayush, seeking divine blessings for the successful conduct of the programme. Prof. (Dr.) Shruthi M, Organising Chairperson, delivered the welcome address and warmly welcomed the dignitaries, guest speaker, faculty members, and delegates. This was followed by the introduction of the guest speaker, Dr. Vidushi S. Garg, by Dr. Shruthi S. Hegde, Organising Secretary, highlighting her expertise and contributions in the field of CBCT imaging. The Dean and HOD, Prof. Dr. K. Reshma Pai, addressed the gathering and emphasized the significance of advanced imaging techniques and the importance of continuous professional development in modern dentistry. The scientific session was conducted by Dr. Vidushi Garg, who delivered an informative lecture on the basic principles of CBCT, comparison between 2D and 3D imaging, and cross-sectional anatomy. She also elaborated on the applications of CBCT in treatment planning and provided valuable insights into the

fabrication of surgical guides, explaining their role in ensuring precision and predictability in implant dentistry. The lecture was followed by an interactive hands-on workshop, live demonstrations, and case discussions, which offered the participants practical exposure to CBCT software and interpretation. The programme witnessed enthusiastic participation from delegates not only from Srinivas Institute of Dental Sciences but also from several neighbouring dental colleges. The active involvement of the delegates contributed to the success of the workshop and facilitated fruitful academic interactions. The programme concluded with a vote of thanks proposed by Dr. Shilpa S. L, who expressed gratitude to the management, guest speaker, dignitaries, faculty members, delegates, and organizing committee for their support and cooperation in making the event a grand success.

The entire programme was smoothly and effectively compered by Dr. Sagar and Dr. Hanna, whose coordination and eloquent anchoring ensured the seamless conduct of all the sessions and added to the overall success of the event.





- School-based dental screening camp program**

Department of Pediatric and Preventive Dentistry, Srinivas Institute of Dental Sciences conducted a school-based dental screening camp program at 2nd block government school katipalla, on 16/06/2026. Dental Screening of students from 1st to 7th standard was done. Students were educated on oral hygiene maintenance. Consent forms and pamphlets are distributed to students. All of total 95 students oral screening is done.



- **School-based dental screening camp program**

Department of Pediatric and Preventive Dentistry, Srinivas Institute of Dental Sciences conducted a school-based dental screening and oral health education program at Vyasa Maharshi Vidyapeeth School, Mulki on 15/06/2026 and 19/06/2026.

Dental Screening of students from Nursery to 10th standard was done. Students were educated on brushing techniques and oral hygiene maintenance.



- **School-based dental screening camp program**

Department of Pediatric and Preventive Dentistry, Srinivas Institute of Dental Sciences conducted a school - based dental screening and oral health education program at Government model higher primary School, Suratkal on 17/06/2026.

Dental Screening of students from 1th to 7th standard was done. Students were educated on brushing techniques and oral hygiene maintenance.



- National Public Health Dentistry Day Celebration – 2026**

The Department of Public Health Dentistry at Srinivas Institute of Dental Sciences, Mangalore, commemorated National Public Health Dentistry Day on 19th June 2026 with a series of educational and participatory activities. The program was presided over by Prof. (Dr.) K. Reshma Pai, Dean of the institution, whose presence added significance to the occasion and encouraged active participation among students and faculty members. The program commenced with a welcome address by Dr. Sreevidya Bhat, Professor and Head of the Department of Public Health Dentistry. The address highlighted the objectives of National Public Health Dentistry Day and provided insights into the various academic, outreach, and community-based programs regularly conducted by the department. An encouraging speech was delivered by Prof. (Dr.) K. Reshma Pai, who appreciated the efforts of the department and acknowledged its contribution towards promoting oral health awareness and providing dental services to the community. As part of the celebrations, an online academic essay competition on the topic “Digital Innovations in Public Health Dentistry” was conducted. The winners, Preksha, Final Year Student, and Dr. Akanksha, Intern, were awarded prizes during the program. The student who secured the highest marks in Public Health Dentistry in the university examination was also felicitated. The award was received by Dr. Hana, Intern, who shared her experiences and learning journey in the department. Dr. Pragathi, Intern, also shared her experiences and expressed her appreciation for the opportunities provided by the department. The final year students presented a creative reel titled “A Day in the Department of Public Health Dentistry”, showcasing the activities and experiences within the department. The reel was well received and appreciated by the audience, and the students were presented with a token of appreciation by the Dean for their efforts. The Chair Side Assistants (CSAs), Mrs. Gayathri, Mrs. Sowmya, and Mrs. Ashwini, were felicitated in recognition of their dedicated service, prompt assistance, and invaluable support towards the smooth functioning of the department. The celebration concluded with a cake-cutting ceremony, followed by a vote of thanks delivered by Dr. Shushma. Overall, the celebration successfully blended academic enrichment with engaging activities, reflecting the department’s commitment towards advancing oral health education, preventive dentistry, and community-oriented dental care.



